BRIGHT BITES KITCHEN @

Guam Middle & High Schools Menu

NOV

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Follow us on INSTAGRAM@ sodexoschoolsguam for menu news!			**1** NO SCHOOL! Holiday All Souls Day
4 Breakfast Stuffed Bagel Fruit Lunch Pasta w/ Meat Sauce or Chicken Alfredo Vegetable Daily Fruit	**5** NO SCHOOL Election Day	**6** Breakfast French Toast Sticks Fruit Lunch Salisbury Steak w/ Rice OR Chicken Burger Vegetable Fruit	**7** Breakfast Mini Pancakes Fruit & Juice Lunch Drumstick OR Popcorn Chicken Red Rice Cucumber Salad Fruit	**8** Breakfast Fried Rice w/ Ham & Egg Fruit Lunch Cheese Breadsticks w/ Marinara OR Turkey and Cheese Sandwich Baby Carrots w/ Fruit
Cold Cereal offered every day as an option for Breakfast (instead of the menu item)				
11 NO SCHOOL Veterans Day	**12** Breakfast Breakfast on a Stick Fruit & Juice Lunch Chicken Nuggets OR Pork Carnitas Rice & Beans Fruit	**13** Breakfast Breakfast Pizza Fruit Lunch Orange Chicken OR General Tso's Chicken Rice Salad Fruit	**14** Breakfast Apple Frudel Fruit & Juice Lunch Eggless Loco Moco OR Hot Dog Vegetable Assorted Fruit	**15** Breakfast Chicken & Biscuit Fruit Lunch Cheese Pizza or Pepperoni Pizza Assorted Vegetable Fruit
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18 Breakfast Stuffed Bagel Fruit Lunch Cheese Burger OR Teriyaki Burger Baby Carrots w/ Ranch Fruit	**19** Breakfast Breakfast Sandwich w/ Sausage & Cheese Fruit & Juice Lunch Chicken or Beef Rice & Beans Fruit	**20** Breakfast Cheese Omelet Rice Fruit Lunch BBQ Pork Sandwich OR Pork Rib Patty Sandwich Vegetable Fruit	**21** Breakfast Mini Pancakes Fruit & Juice Lunch Bistek OR Drumstick Rice Vegetable Fruit	**22** Breakfast Benefit Bar Fruit Lunch Breaded Chicken Sandwich Regular or Spicy Potato Wedges Fruit
At Lunch you are required to take either a fruit or Veg (or both) and 2 other components, milk is optional				
25 Breakfast Muffin Fruit Lunch Swedish Meatballs OR Chicken Nuggets Rice Daily Vegetable Fruit	**26** Breakfast Breakfast Pizza Fruit & Juice Thanksgiving Lunch Turkey and Gravy Mashed Potatoes Dinner Roll Fruit & Vegetable Cookie	**27** Breakfast Pork Sausage & Rice Fruit Lunch Chicken Corn Dog or Ham & Cheese Sandwich Salad Fruit		**29** Breakfast Bagel w/ Cream Cheese Fruit Lunch Cheese Pizza or Pepperoni Pizza Vegetable Fruit

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10.24.24

This institution is an equal opportunity provider.